

Kilbride HERALD

St Bride's—where Faith and Fellowship grow

MARCH / APRIL 2020



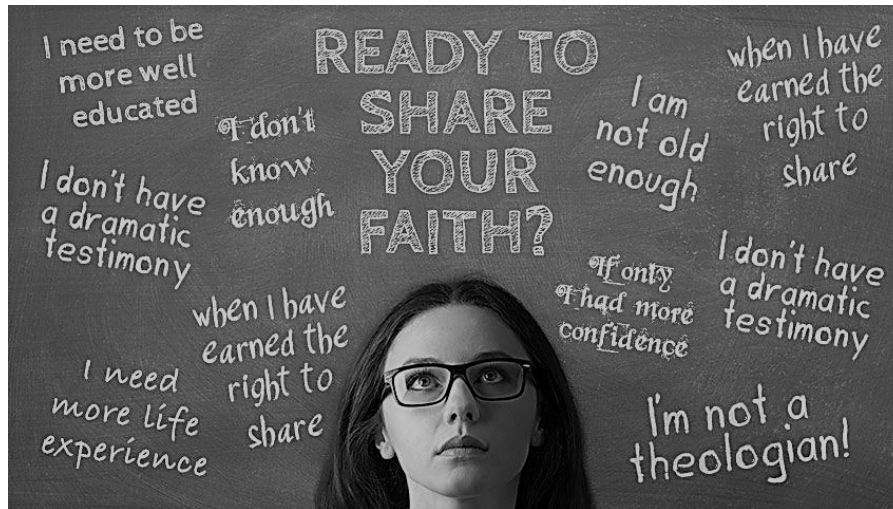
“Equipping for Life” Volunteers

(see page 16)

PARISH OF KILBRIDE : ST BRIDE'S CHURCH
- where Faith and Fellowship grow

Rector: The Revd Canon W D Humphries
 St Bride's Rectory, 53 Brook Meadow, Doagh, Ballyclare BT39 0QF
Phone: 9334 0225 E-mail: wdhumphries@hotmail.com

<p align="center">Reader Emeritus William Harper</p> <p align="center">Parish Reader David Holmes</p>	<p align="center">Honorary Treasurer Lilian Lyttle 9332 3311</p>
<p align="center">Rector's Churchwarden Clarence Gibson: 9332 3761</p> <p align="center">People's Churchwarden Hazel McDonald: 9332 4208</p>	<p align="center">Parish Hall Organiser Alex Johnston: 9334 9393</p> <p align="center">Caretaker Jean Johnston: 9334 9393</p>
<p align="center">Rector's Glebewarden Jim Wilson: 2589 8753</p> <p align="center">People's Glebewarden Billy Robinson: 07799 863 095</p>	<p align="center">Parish Website kilbrideparishchurch.org Parish Webmaster: David Holmes</p>
<p align="center">Honorary Secretary Ivan Topping 9334 1916</p> <p align="center">FWO Secretary Ashley Hurst 07890 583 962</p> <p align="center">Gift Aid Secretaries Phyllis Glenn: 9334 0884 Irene Paget: 9332 3579</p>	<p align="center">HOLY BAPTISM This is by arrangement. Please contact the Rector at the phone number in the top panel.</p>
<p align="center">Organist & Choir Director: Vacant</p> <p align="center">Sunday School Superintendent Eleanor Graham: 9334 0000</p> <p align="center">Charity Number: 10 35 70</p>	<p align="center">The Rector would be grateful for information about hospital admissions and discharges.</p> <p align="center">KILBRIDE HERALD Editorial Panel Iris McCormick, Ivan Topping, The Rector</p>



HOW DO YOU FEEL ABOUT SHARING YOUR FAITH?

Perhaps you have been 'gossiping the gospel' for years? Maybe you even lead a small group, or are passionate about community outreach?

Or perhaps you feel a quiver of panic at the very thought of talking about your faith. Society seems to be hostile, and so you struggle to know how to engage with people who think very differently from you.

If you struggle, then here is good news: the Bible Society is keen to help you. It has recently launched a new website called Lumino (<https://lumino.bible/>) to do just that.

Lumino aims to support Christians who want to share the good news. It explains the different types of people you are likely to encounter, and their attitudes to the Bible and Christianity. Bible Society has found from research that "an estimated 20% of the population is open to the Bible, open to faith and interested in knowing more. *What an exciting opportunity...*"

The Services at St Bride's



Wednesday 26 February
Ash Wednesday
Midweek Lenten Service
7.30pm Templepatrick

[1] Sunday 1 March
1st Sunday in Lent
11.00am Holy Communion

Wednesday 4 March
Midweek Lenten Service
7.30pm Antrim (St Patrick's)

[2] Sunday 8 March
2nd Sunday in Lent
11.00am Morning Prayer

Wednesday 11 March
Midweek Lenten Service
7.30pm Muckamore

[3] Sunday 15 March
3rd Sunday in Lent
11.00am Holy Communion

Wednesday 18 March
Midweek Lenten Service
7.30pm Ballyclare



[4] Sunday 22 March
4th Sunday in Lent
Mothering Sunday
11.00am Family Service

Wednesday 25 March
Midweek Lenten Service
7.30pm Randalstown

[5] Sunday 29 March
5th Sunday in Lent
11.00am Songs of Praise

Tuesday 31 March
7.00pm Holy Communion at the
Easter General Vestry

Wednesday 1 April
Midweek Lenten Service
7.30pm Kilbride

[1] Sunday 5 April
6th Sunday in Lent
Palm Sunday
10.50am Holy Communion
and
Palm Sunday Procession
(*meet in the Parish Hall*)

Monday 6 April
Monday in Holy Week
8.00pm Compline

Tuesday 7 April
Tuesday in Holy Week
11.00am Holy Communion
8.00pm Compline

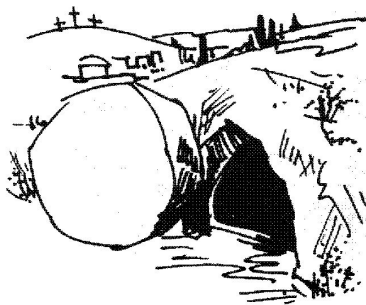
Wednesday 8 April
Wednesday in Holy Week
8.00pm Compline

Thursday 9 April
Maundy Thursday
8.00pm Holy Communion

Friday 10 April
Good Friday
8.00pm A Good Friday Devotion



[2] Sunday 12 April
FEAST OF THE
RESURRECTION
11.00am Holy Communion



[3] Sunday 19 April
2nd Sunday of Easter
11.00am Holy Communion

[4] Sunday 26 April
3rd Sunday of Easter
11.00am Family Service
3.30pm Masonic Service

[1] Sunday 3 May
4th Sunday of Easter
11.00am Holy Communion

**For fuller explanation of all
of the services
in March and April,
turn over to page 6.**



**WALK THEN
AS CHILDREN
OF LIGHT,
FOR THE FRUIT
OF THE
LIGHT IS IN
GOODNESS
AND JUSTICE
AND TRUTH**

FURTHER INFORMATION ON THE SERVICES IN MARCH AND APRIL

Mothering Sunday



This falls on Sunday 22 March, and as usual the Rector will speak to the children on the importance of this day in the life of the Church and all its members.

Palm Sunday



This important day begins Holy Week and has much to teach us about our Lord's Passion. We hope that 'Annie' the donkey will again provide a very appropriate visual aid for our children as we re-enact the procession of our Lord from the Parish Hall to the church. The procession begins at 10.50am.

Holy Week



Each evening in Holy Week, the service is at the same time: 8.00pm. These devotional services allow the parish family to come together to pray and meditate for a short time on some of the aspects of our Lord's Passion.

Here in Kilbride, attendance at these services is usually good. Some people say they have no time to go. That's sad. No time for the Lord who gave up his life for our salvation? We encourage all our people to make time for these short services (mostly about 40 minutes).

Easter Day



This occurs on Sunday 12 April, the most important day of the year for Christians, with a very joyful Holy Communion, or Eucharist ('thanksgiving'), when all God's people can join in celebration and witness of the central event of our faith.



SINGING CAROLS AT THE AIRPORT

A number of parishioners from St Bride's joined members of Ballyclare

Presbyterian Church and some other local churches to sing Carols in the Arrivals Hall of Belfast International Airport.

This has become a very enjoyable annual event as singers from the various churches come together to welcome travellers back to Northern Ireland for the Christmas holiday.

The people of Northern Ireland are always very generous and there was a steady stream of folk dropping money into the collection buckets.

Many even joined in with the singing after they had collected their bags and were walking past on the way to the carpark. Another successful evening in support of Christian Aid.



PILGRIMS PREPARE FOR THE TRIP OF A LIFETIME

Eighteen folk gathered in the Parish Room on a Saturday last month to continue their preparations for a pilgrimage to the Holy Land.

The spiritual journey will, as usual, be led by the Rector who has been conducting pilgrimages there for nearly thirty years. He is also a regular visitor to Israel for his annual holidays.

The forthcoming pilgrimage will be

held in May when it is warm, but not too warm.

During the journey the pilgrims will experience the Mount of Olives, Bethlehem, Jerusalem, Emmaus, the Dead Sea, the River Jordan, Capernaum, Tabgha, Cana, Nazareth, and many more places mentioned in the Bible, as they follow in the steps of our Lord.

Then when the pilgrims return, the 2021 pilgrimage will be advertised. Close to 400 people have travelled with the Rector during the time he has conducted the Holy Land Pilgrimages.



Pilgrims get to know each other over refreshments in the Parish Room.

✠
forgive
US OUR TRESPASSES
✠ AS WE
forgive
THOSE WHO TRESPASS
AGAINST US

FROM THE REGISTERS

FUNERALS

28 December 2019
Mary Coles

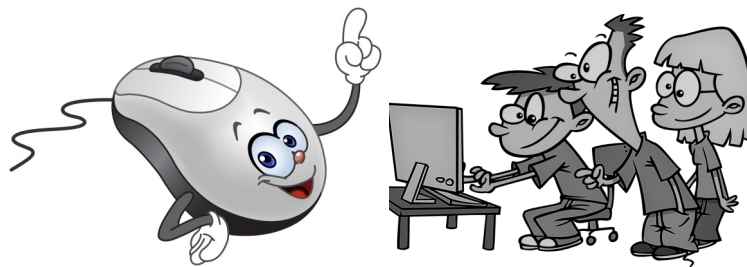
30 December 2019
Susan Horner

**This issue of the Kilbride Herald
has kindly been sponsored by
Fisherwick Masonic Lodge No.505, Doagh.**

**Would any other group like to sponsor an edition?
Just let us know!**

Have you checked out our website recently?
Just take a look!

kilbrideparishchurch.org

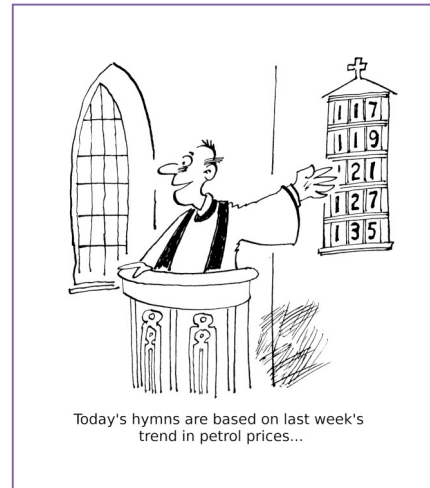




RECOGNISE ANYONE IN THE PHOTOS ON THE LEFT-HAND PAGE?

You should do!

Seventeen members of the Kilbride Ulster Rugby Supporters Club (unofficial name) once again braved the cold to go to the Kingspan Stadium (originally good old Ravenhill) to see Ulster play Bath in the European Rugby Champions Cup. Ulster won, and at the time of going to press they're now in the quarter finals!



Give thanks to
OD the Father
always and
for everything
in the name of our Lord
JESUS CHRIST



Most of the photos we publish in the Kilbride Herald are the work of David Holmes, whose photography skills are excellent.

Very often we look at the Herald but take David's skills for granted.



A 'DORSET BUTTONS' EVENING WITH THE LADIES

A recent meeting of the Ladies' Group was very well attended when the girls were given a demonstration of how to make a Dorset button and how this very old way of making buttons for clothing can be adapted to make various decorative objects such as bookmarks and earrings.

Mrs Jackie MacDonald is an expert in making these and she gave the ladies an opportunity to 'have-a-go' with some very attractive results!





The Kilbride Ladies having a go at making Dorset Buttons.

They did very well!



THE PARISH OF **KILBRIDE** AND THE **HOLESTONE**

Long-established parishioners will be aware of the Holestone situated in the townland of the same name near the top of Kilbride Hill.

Despite the fact that the history of our parish is very well documented, little is known of the monument apart from rumour and legend.

The hole in the stone stands at about waist height and is believed to have been used for oath-making in ancient days; the hole has been made artificially, and it will take an average-sized hand.

A reputation as a place to exchange marriage vows is another common tradition of the stone's use, perhaps going back to the days when clergy were not readily available to conduct a Christian service of Holy Matrimony.

Then there is the story of the visitor who, in the 1890s, got his hand stuck in the hole. It simply would not come out, and the

more he tried to extricate himself, the more the hand was swollen and cut, reducing even further the chances of release.

The visitor attracted quite a crowd, and in the end a local man headed off home to get his powder horn, fully intending to blow the stone up in order to free the visitor.

This caused absolute panic in the man whose hand was trapped, and with frantic struggling and screams of agony, together with the assistance of some vinegar provided by a local woman, the badly damaged hand became free, just before the arrival of the powder horn.

So if you haven't seen the Holestone, by all means go and see it, but we strongly suggest that you don't put your hand through the hole, in case you become the second person to get stuck there!



Faith Badge for Beavers



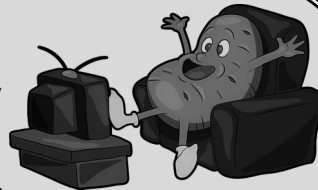
The youngest members of our Scout Troop, the Beavers, recently underwent training for their Faith Badge. The tuition was conducted by the Rector, in church on a Wednesday evening.

These well-behaved boys, 6-8 year olds, were enthusiastic and responsive in their learning, asking sensible questions, and partaking to the full in their learning experience.

We should be proud to have these children in our Scout Troop, and they are a credit to Nicola McMullan and her assistant leaders. We hope that all the Beavers are eventually successful in obtaining their Faith Badge, along with all the other badges for which they are working.

TEENAGE COUCH POTATOES

Do you have teenagers? What are they doing at the moment?



Chances are, they are glued to their phone. The World Health Organisation has warned that some 80 per cent of teenagers in the UK do not take enough exercise, and that a couch-potato lifestyle has become their norm.

Girls are even less active than boys, with 75 per cent of boys and 85 per cent of girls not doing enough exercise. Teenagers are being urged to do at least an hour of moderate physical activity – walking or cycling – each day.

In the UK, one in five children is obese or overweight by the time they leave primary school.

KILBRIDE PARISHIONERS IN A NEW MINISTRY

**by Kate Henry
and Patricia Robinson**

***Equipping for Life'* is a ministry encouraging members of churches to give freely of their services to help children in those in areas which suffered during 'the Troubles'.**

This has commenced with helping primary school children in the Shankill area of Belfast and it is hoped that in due course the service will be extended into other areas of Northern Ireland.

The project was founded in Spring 2018 by Brother David Jardine of the Anglican Society of St Francis, a founder of Divine Healing Ministries.

Brother David has been with us in Kilbride on several occasions and many will remember he was guest preacher at Morning Prayer in Kilbride earlier this year when he outlined his vision and the work involved in *'Equipping for Life'*.

Essentially the work involves mentoring primary school children

in reading skills and currently some 70 volunteer tutors are helping to make a difference in a number of schools in the area.

The children enjoy the experience of one-to-one mentoring and Head Teachers have noticed a marked improvement in reading skills amongst their pupils.

We became involved after we spoke with Brother David following that service at Kilbride. He was so inspiring and committed to EFL that we decided then and there to enrol as volunteer tutors, which is a decision we have not once regretted. As we are working with children a few formalities first had to be completed and a course on Child Protection undertaken – but nothing onerous.

We tutor in Harmony Primary School, in Glencairn in North Belfast together with five other friendly and committed volunteers from churches in Holywood, Lisburn and Belfast. Every Wednesday during school term from 11am to 12 noon two pupils spend half an hour each with their tutor in the school library, commencing with a short prayer, followed by reading work.

To allow for continuity we have

the same children each week and this enables a relationship to develop. The children are a joy to work with and very eager to participate. As tutors we delight in their increased ability.

The encouraging remarks from the teachers on their progression in reading skills lead us to believe we are doing something right and the scheme is working!

This work of encouraging and developing young minds and equipping them for life is very worthwhile. If you feel being a Volunteer Tutor could be for you please do not hesitate to contact us.

*Kate Henry, Patricia Robinson
Volunteer Tutors*

*Canon Bro. David Jardine with Patricia Robinson and Kate Henry,
The volunteer tutors from St Bride's.*



DID YOU **KNOW?**

IS THE CHURCH OF IRELAND PROTESTANT OR CATHOLIC?

It is both Protestant and Catholic, and for this reason it is very wrong to refer to members of the Church of Ireland as *non-Catholic*.

Too many people see Protestant and Catholic as opposites; *that is not the case*.

There are Catholics who accept the jurisdiction of the Pope; they are called *Roman Catholics*.

Then there are *Protestant* or *Reformed* Catholics. Among these people are the members of the Church of Ireland.

SO WHY IS THE CHURCH OF IRELAND CATHOLIC?

It is *Catholic* because it is in possession of a continuous tradition of faith and practice, based on the Scriptures and early traditions, and the Creeds.

SO WHY, THEN, IS IT PROTESTANT?



It is *Protestant*, or *Reformed*, because it affirms its constant witness against all those innovations of doctrine and worship which has come into parts of the Church from time to time.

OK. WELL HOW, THEN, IS THE CHURCH OF IRELAND DIFFERENT FROM OTHER PROTESTANT CHURCHES?

The Church of Ireland shares, with other Protestant Churches, its opposition to innovations to doctrine and worship that appear contrary to Scripture, and which led to the Reformation.

But it differs from these other Protestant Churches in that it retains elements of the pre-Reformation faith and practice which those other Protestant Churches have rejected or lost.

The Church of Ireland maintains a liturgical pattern of worship, observing feasts of the old liturgical year. For example, in St Bride's we celebrate Holy Communion on certain feast days.

Also, the Church of Ireland has within its fellowship religious orders of men and women under the traditional threefold vows of *poverty, chastity* and *obedience*.



One of these, for example, is the Society of St Francis, of which our good friend Canon *Brother* David Jardine is a member.

The Church of Ireland has retained the structure of the pre-reformation Catholic Church and is no stranger to words like parish, parochial, bishop, diocese, priest, sanctuary, confirmation, eucharist, synod, and to all for which they stand.

WELL THEN, WHAT IS THE DIFFERENCE BETWEEN THE CHURCH OF IRELAND AND THE ROMAN CATHOLIC CHURCH?

The main difference is that one Church is under the jurisdiction of the Pope and the other is not, and because of this there are certain differences in belief and practice.

However, there are many beliefs and practices which are held in common between the two Churches, far outweighing those that separate them.

YOU'RE INVITED...

Saturday 28 March at 7.30pm
in St Bride's Church

THE CLARE CHORALE

Tickets £10
Refreshments afterwards in the Parish Hall

Eco-News

SHINE A LIGHT ON CLIMATE JUSTICE

The Climate Justice Candle visited the Parish of Kilbride on Sunday 9 February and was lit at the service in St Bride's.

It highlighted the need for all of us to play our part, as individuals and as communities, in bringing about justice for those people and nations who suffer because of climate change caused by global warming.

By taking action at home and by joining in global climate initiatives, we can make a difference.

It is crucial that action is taken and that it is taken now – for the millions of climate refugees already suffering as a direct result of climate change, for future generations and for the whole of Creation.

The countries of the developing world contribute least to global warming but suffer most from its effects.

The Climate Justice Candle emphasised the need to love all of creation and to do our part to reduce the damage caused by our excessive lifestyles.



The Climate Justice Candle pictured with Ashley Hurst, our very own "eco-advisor", together with some of the young people.

watchmen *at Kilbride Parish Church*

The Watchmen had two very interesting meetings to begin the year. The first was when Alistair Montgomery gave a thought-provoking illustrated talk on the development and use of lasers in the modern day.

Alistair spent most of his working life in the Physics Department of Queen's University, Belfast and he has considerable experience in the experimentation with, and use of lasers in the work place and in many other everyday applications.

During the evening's meeting he gave an extremely informative and interesting presentation on

what they are and how they are used, in everything from bar-code readers, medicine and industry to name a few.

Our February meeting took the form of an outing to the Omniplex Cinema at Larne to see a special showing of the film "Denial" which had been arranged by the local Council.

The film related the true story of how a team of lawyers defended an American woman who was accused of slandering an Englishman who insisted that the Holocaust never took place: the lawyers won the case.

This meeting was opened to the ladies, who had expressed an interest in attending in the light of Holocaust events around that time, and a total of twenty people went along to Larne.

The Most Revd Dr Richard Clarke, Archbishop of Armagh and Primate of All Ireland and Metropolitan, has retired.

The Archbishop came to preach at St Bride's on the 150th anniversary service in 2018, at which he was inspiring! He has been an excellent leader and pastor to the people of the Church of Ireland. We wish him God's blessing as he vacates the Primatial See.



HOLOCAUST REMEMBERED

During Morning Prayer on Sunday 26 January the people who died in the Holocaust were remembered in a very poignant time of prayer and reflection.



Over six million people, most of them Jews, died across Nazi-occupied Europe during the Second World War, at the hands of a regime that tried to eliminate every Jew in the countries controlled by the Nazis.

Holocaust Memorial Day has been held on 27 January every year since 2001, (we hold our service on the Sunday nearest to that day), a date chosen as it is the anniversary of the liberation of Auschwitz Concentration Camp in Poland by the Russians in 1945. This year the day marked the 75th anniversary of the camp's liberation.

*Six candles represented the six million people who died in the Holocaust.
The candlestick, known as the menorah, is a Jewish symbol.*



“The Holocaust must never be allowed to become simply a fact of history: we must never cease to be appalled, nor moved by the testimony of those who lived through it. Their experience must always educate, and guide, and warn us. “ *The Prince of Wales*

Prince Charles spoke these words to the Fifth World Holocaust Forum at Yad Vashem in Jerusalem, marking Holocaust Memorial Day.

It was just a few days later, on the nearest Sunday, we at St Bride's held our own Memorial for the victims of the Holocaust.

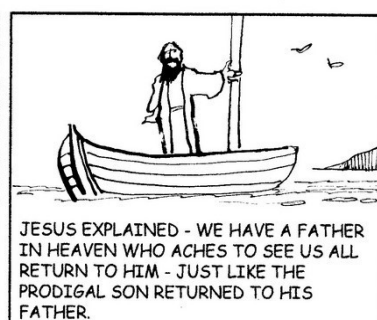
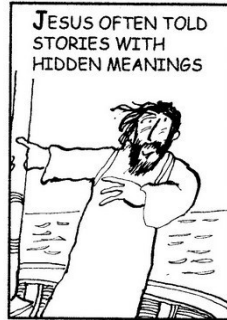
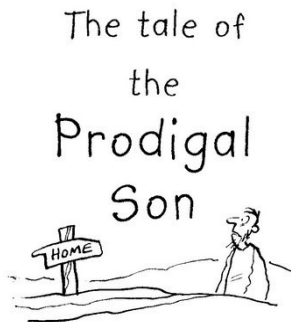
In these days when antisemitism appears to be increasing again, Christians



need to join with the rest of the world to preserve the memory of the Holocaust atrocities by Nazi Germany during World War II.

It is only by holding this memory with all other human beings, and acknowledging before God that it happened, that we can hope to blot out any possibility of it ever occurring again.





WHY PANCAKES?

Ever wonder why we eat pancakes just before Lent?



The tradition dates back to the old Anglo-Saxon days when Christians spent Lent in repentance and some serious fasting.

So on the Tuesday before Ash Wednesday, the church bell would summon them to confession, where they would be 'shriven', or absolved from their sins, which gives us *Shrove* Tuesday.

At home, they would then eat up their last eggs and fat, and making a pancake was the easiest way to do this. For the next 47 days, they pretty well starved themselves.

Some people have noted that the ingredients of pancakes can be used to highlight four significant things about this time of year: eggs stand for creation, flour is the staff of life, salt keeps things wholesome, and milk stands for purity.

Shrove Tuesday is always 47 days before Easter Sunday and falls between 3rd February and 9th March.

ASH WEDNESDAY

Why 'Ash' Wednesday?

The reason has to do with getting things right between you and God, and the tradition goes right back to the Old Testament.


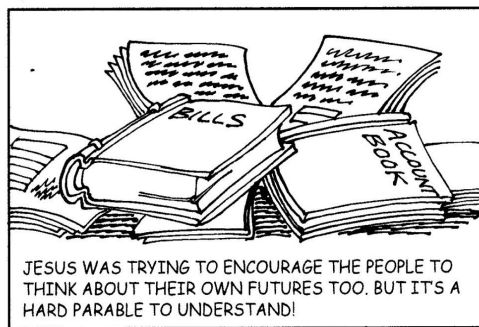
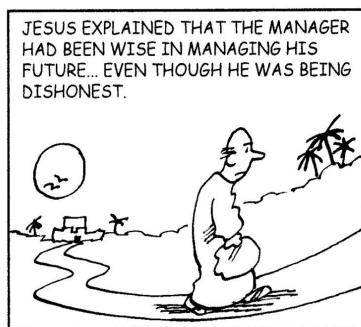
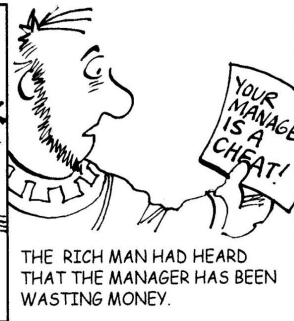
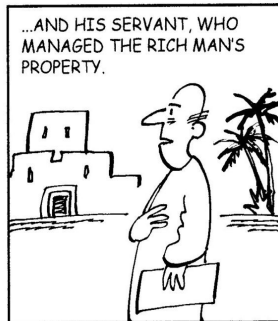
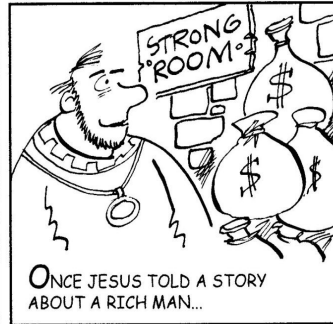
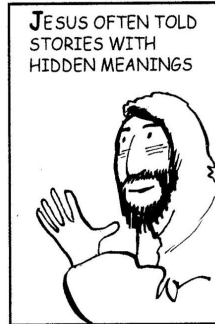


In the Old Testament, the Israelites often sinned. When they finally came to their senses, and saw their evil ways as God saw them, they could do nothing but repent in sorrow. They mourned for the damage and evil they had done. As part of this repentance, they covered their heads with ashes. For the Israelites, putting ashes on your head, and even rending your clothes, was an outward sign of their heart-felt repentance and acknowledgement of sin.

In the very early Christian Church, the yearly 'class' of penitents had ashes sprinkled over them at the beginning of Lent. They were turning to God for the first time, and mourning their sins.

But soon many other Christians wanted to take part in the custom, and to do so at the very start of Lent.

The parable of the Shrewd Manager

Remembering Anne Frank and her Diary

Anne Frank, the Dutch Jewish diarist and Holocaust victim, died 75 years ago, in February 1945, in Bergen-Belsen concentration camp at the age of 15 – probably from typhus. She is known for writing *The Diary of a Young Girl*, an account of how she and seven others were hidden in a secret annex to escape the Nazis.

The group had been arrested the previous August, and only Anne's father Otto survived the war.

At first it was believed they had been betrayed, but it is now thought possible that they were discovered by accident.

The *Diary*, which Anne – who was born in Germany – started writing at the age of 13, is the story of how ordinary people risked their lives to help those in need, but it says little about the unclear relationship the Dutch had with Nazi Germany.

Up to 80% of the Dutch Jewish population were killed during the war – the second highest percentage after Poland.

The diary, which had been kept safe by Otto's secretary, Miep

Gies, was published in English in 1952 and has since been translated into more than sixty languages. The Anne Frank House, a museum in Amsterdam, opened in May 1960.

Asteroid 5535 Annefrank was named in Anne's honour in 1995.



Anne Frank

AN ENVIRONMENTAL POLICY ADOPTED BY THE SELECT VESTRY

The Rector, Select Vestry and Parishioners of the Parish of Kilbride recognise that concern for all components of the environment is a fundamental responsibility of all.

We are dedicated to carrying out all our functions and activities in a way which minimises negative impacts on the environment.

We are committed to ensuring that all activities undertaken on parish premises or on behalf of the parish will be in strict compliance with legislation.

It is an objective of the parish to co-operate with all statutory, voluntary and community bodies in our attempt to reduce our impacts on the environment.

In keeping with this policy we will:

- Monitor and improve energy use
- Monitor water use and reduce wastage
- Set targets for reduced waste generation
- Promote recycling within the parish
- Minimise the risk of water, land and air pollution
- Include environmental considerations in Select Vestry business decisions
- Update staff, parishioners and contractors on policy
- Generally apply sustainability objectives in all activities
- Attempt to continually improve our environmental performance

The Parish Environmental Policy will be made widely available to parishioners and others through the Herald, the parish website and other means as appropriate.

Ivan Topping, *Hon. Sec.*

W.D. Humphries, *Rector*