

JANUARY/FEBRUARY 2020



Kilbride Cubs at Sea!

PARISH OF KILBRIDE : ST BRIDE'S CHURCH - where Faith and Fellowship grow

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Organist & Choir Director: Vacant

Sunday School Superintendent Eleanor Graham: 9334 0000

Charity Number: 10 35 70

Honorary Treasurer Lilian Lyttle 9332 3311

Parish Hall Organiser Alex Johnston: 9334 9393

Caretaker Jean Johnston: 9334 9393

Parish Website kilbrideparishchurch.org Parish Webmaster: David Holmes

HOLY BAPTISM

This is by arrangement. Please contact the Rector at the phone number in the top panel.

The Rector would be grateful for information about hospital admissions and discharges.

> KILBRIDE HERALD Editorial Panel Iris McCormick, Ivan Topping, The Rector



The most important way each of us can prepare for better times ahead is to pray. Through prayer God speaks to us, showing us our spiritual needs and leading us into a right relationship with him.

God then fills our hearts with concern for the spiritual welfare of others and leads us to share Christ with them. Let us then give ourselves to prayer—privately and together, as the Spirit leads. The more we pray in sincerity and truth, the more God will spiritually revive our church and community.



- Page 22: Cub Scouts Oliver Doyle and Luke Gardiner report on the Cub Camp.
- Page 6: Well-filled church for Police Choir.
- Page 22: Watchmen at Thales.
- Page 11: Fighting fires in the parish.
- Page 20: Greener Driving—for You!
- Page 18: PA System restored.
- Page 12: Holocaust Memorial Day ahead.
- Page 16: Scouts host Sunday lunch.
- Page 26: Cub Camp Reports.



Wednesday 1 January Feast of the Naming of Jesus 11.00am Holy Communion (tea afterwards in the Parish Room)

[1] Sunday 5 January Feast of the Epiphany (transferred)

11.00am Holy Communion 6.00pm Prayers for Healing

[2] Sunday 12 January Epiphany 1 11.00am Morning Prayer

[3] Sunday 19 January Epiphany 2 11.00am Holy Communion

[4] Sunday 26 January Epiphany 3

11.00am Morning Prayer and Holocaust Memorial. See article on page 12. [1] Sunday 1 February Feast of the Presentation of Christ in the Temple 11.00am Holy Communion 6.00pm Prayers for Healing

[2] Sunday 9 February 3rd Sunday before Lent 11.00am Morning Prayer

[3] Sunday 16 February 2nd Sunday before Lent 11.00am Holy Communion

[4] Sunday 23 February Sunday next before Lent 11.00am Family Service

Wednesday 26 February Ash Wednesday 11.00am Holy Communion (tea afterwards in the Parish Room)

A SLIGHT CHANGE IN JANUARY

Please note that the service on Sunday 26 January (the fourth Sunday of the month) will be Morning Prayer.

This is because Morning Prayer is more suited to the Holocaust Memorial than a Family Service.

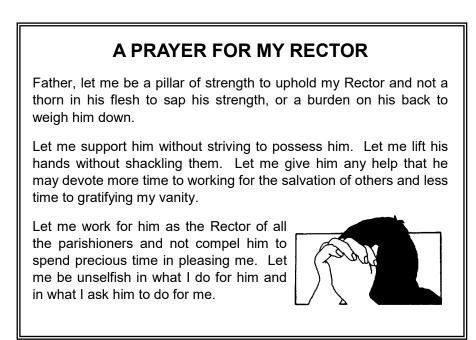
The change is for January only.

NEW YEAR'S DAY

Usually, a large number of folk come to Holy Communion on 1 January. It's the Feast of the Naming of Jesus, and also New Year's Day, so there's the sense of "turning over a new leaf" and committing ourselves afresh to Christ's service at the start of the new year.

After the service in church there

will be a cup of tea in the Parish Room. All are welcome, so if you're meeting with friends that morning, bring them along!





WELL-FILLED CHURCH FOR POLICE CHOIR

The Police Choir, incorporating the Royal Ulster Constabulary (George Cross) Male Voice Choir, filled the church on one of the wettest nights of the year.

There was a cosy atmosphere inside the church, however, as parishioners and friends came to hear the Choir perform in St Bride's.

The men sang beautifully and with strength and passion as the audience enjoyed pieces from the choir's wide repertoire. The singers performed American spirituals as well as popular pieces from the shows including You Raise Me Up and a West End Medley and traditional Welsh choir pieces such as Cwm Rhonda and Gwahoddiad.

The song 'The Rose', made famous by Bette Midler, was particularly well received by a very appreciative audience.

Joining the choir for the evening were two soloists from very different genres, Ami Ogilby who played the flute and Gary Anderson on accordion.

Ami's selection included the themes from the hit movies, Forrest Gump, Hypnosis, Gabriel's Oboe (from The Mission), and she finished with the Ashokan Farewell. Gary played a mixture of traditional lrish and Scottish tunes which went down well.

The ladies of the church were once again superb as they laid on a delicious supper that was enjoyed by all. Another extremely enjoyable and successful evening in St Bride's series of social events!

What's that? You missed it? Oh dear, you'll have nothing to talk about until the next one!

STOP PRESS

We've removed the Deadline Date from the Herald as it seems to cause some confusion.

If you have copy for publication, just send it in and we'll put it in the next available Herald.

The Herald is published every two months.

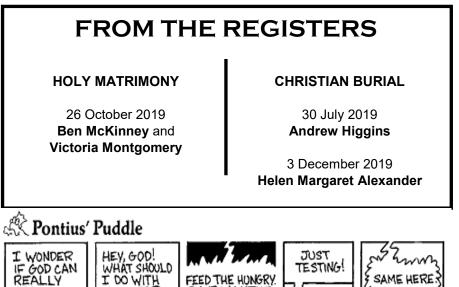


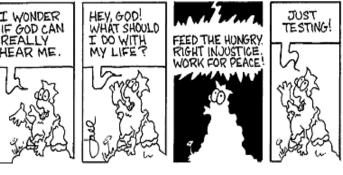


Ben McKinney and Victoria Montgomery who were married in St Bride's on 26 October.

TEN THINGS I WISH I HAD KNOWN BEFORE I WAS TWENTY-ONE

- 1 That being a Christian is really important.
- 2 That my life's vocation would be what it is.
- 3 That my health after thirty would depend to a great degree on what I ate before I was twenty-one.
- 4 That I am really a trustee of my own money and possessions.
- 5 That habit are mighty hard to change after you're twenty-one.
- 6 That being neatly and sensibly dressed is an asset.
- 7 That worthwhile things require time, patience and work.
- 8 That the world gives a person just about what he deserves.
- 9 That absolute truthfulness in everything is invaluable.
- 10 That my parents weren't "old fogies" after all!





THE MAN BY THE ROAD

If I were the man by the side of the road Who watches the world go by, I'd stop every man with a frown on his face And ask him the reason why.

I'd stop everyone with sad, weary eyes And find out what made him so; I'd point out to each the Christ on the cross And help him his love to know.

I do not live by the side of the road Where the race of man passes on; But I meet them each day on the path of life -Those wanderers far from home.

You don't have to live in a house by the road To scatter the sunshine of love; But wherever you live, if a man asks the way, Just point him to heaven above.





FIRE-FIGHTING AT KILBRIDE

Members of Select Vestry, together with leaders from Scouts and Guides, came together on an evening last month for some training in the use of fire extinguishers and how to tackle a fire without putting themselves in harm's way.

It was an interesting exercise and an informative and practical session with instructor, Thomas Campbell. The importance of what to do first when a fire is discovered was discussed, before, when and how the fire should be tackled.

The requirement to use the correct type of extinguisher and the possible dangers of using the wrong one were highlighted before the practical session started.

Thanks are due to Tom and to People's Glebewarden Billy Robinson, who organised this important event. All fires were successfully extinguished!



Each year we are invited to observe the time around 27 January as Holocaust Memorial Day.

This date is the anniversary of the liberation of the Auschwitz camp by the Soviet Army on 27 January 1945.

It is estimated that during the War 2 million Jews were killed by the Einsatzgruppen troops in the Soviet Union, 3.5 million Jews were killed in the gas chambers of Auschwitz, Chelmno, Sobibor, Belzec and Treblinka, and half a million Jews died in the ghettos of Eastern Europe of reprisal attacks, hunger, disease, and exhaustion. 6 million in all. Millions more Gypsies, Slavs, Russian POW's, the physically and mentally disabled, homosexuals and others in minority groups perished.

Holocaust Memorial The Day was proposed in order to commemorate not just the Holocaust, but also to acknowledge the occurrences of repeated aenocide. such as Rwanda Cambodia, and Bosnia, and to renew the commitment of the British people to combat racism, anti-Semitism, and xenophobia.

On Holocaust Memorial Day we pray for those who died when madness ruled the world and evil prevailed on earth. If we forget, the way is prepared for yet more holocausts. Therefore we must never forget.

Holocaust Memorial Day reminds us of dark time times when even survival was not possible for many.

It also reminds us of the piercing light of God, shining through His Son Jesus Christ, which will never be extinguished. It reminds us of a resilience of faith which is simply beyond our understanding.

Our memorial will be incorporated into Morning Prayer on Sunday 26 We hope for a January. large attendance on that day, when together we can surround our worship with stillness and sadness as we remember all those who died in the Holocaust.



Remember Parish that the Register of General Vestrypersons will be open for revision during the month of February. lf vou're not registered, and you wish to register, listen out for the announcements in church, and see the notice on the church door. See also page 23.



A big Thank You to all those who worked so hard in the parish over the past year—they know who they are!

We would take this opportunity to list all our organists, whose help with the public worship of the Almighty has been invaluable.

Valerie Ireland, Denise Martin, Julian Moller, Gerald Hill, Jim Drennan—and many of them travelling a long distance to be with us—many thanks indeed!



THE EPIPHANY

In early January we celebrate Epiphany—the visit of the Wise Men to the child Jesus.

But who were these wise men? No one knows for sure. St Matthew calls them the 'Magi', and that was the name of an ancient caste of a priestly kind from Persia. It wasn't until the third century that they were called *kings* by a Church Father, Tertullian.

Another Church Father, Origen, assumed that there were three, to correspond with the gifts given, but this is rather doubtful.

Later Christian interpretation came to understand gold as a symbol of wisdom and wealth, incense as a symbol of worship and sacrifice, and myrrh as a symbol of healing—and even embalming.

Certainly Jesus challenged and set aright the way in which the world handled all three of these



things.

The Bible indicates that the wise men probably visited the child Jesus when he was about two years old—certainly not on the night of his birth, as many people think..

We understand this from a very careful reading of the account, which is found only in St Matthew chapter 2.



PARISH OF KILBRIDE : ST BRIDE'S CHURCH

You're invited to a

BEETLE

DRIVE

in the Parish Hall

on Saturday 29 February

at 7.30pm

Kilbride's favourite social event! For young and old alike! Prizes to be won! Supper to be consumed! Come along and let your hair down!

SCOUTS INVITE PARISHIONERS TO SUNDAY LUNCH

A large number of parishioners and "Scout parents" turned up at the parish hall last month to be treated to Sunday lunch by the Scouts.

The boys were involved in raising some money for new equipment and they felt that this would be a good way to do it. Well, it certainly was! Parishioners were quite chuffed at the invitation and they took it up quite willingly. Also, the relationship between the Scout Troop and the parishioners was strengthened—and the lunch was very good!

Scout leader Martin Adams expressed his thanks and told the punters how their money would be used; the Rector chatted with most parents on his way round the tables, welcomed visitors to Kilbride, thanked the boys for the excellent meal, and everyone enjoyed themselves and had a great time! Well done to the Scouts for this grand initiative!





Above and left: The Scouts' Sunday Lunch in the Parish Hall. Below: Scout equipment.





DEDICATION OF RESTORED PUBLIC ADDRESS SYSTEM

The PA system received its dedication on Advent Sunday "To the glory of God and in memory of Geoff Winter, the gift of the Winter Family."

We are grateful to Pam and the family for ensuring that the system was upgraded to the best technology available, and it is quite appropriate that Geoff's name be included in the dedication, as he spent much time involved with the scheme in earlier days.

This is a good opportunity to offer our thanks to all who have helped with the system: those who worked on it and those who operated it in previous days. One hundred an fifty years ago when the church was built there was no such system, and folk had to make do with clergy raising their voices. Nowadays the means of sound amplification is better than it has ever been, and no doubt we are grateful for that!









GREENER DRIVING

Here are some tips for environmentally-friendly driving—also for saving ourselves some money!

- 1. **Change gear early.** It is recommended to change around 2500rpm for a petrol-engine car and 2000rpm for diesel—which saves revving the engine too hard, reducing emissions and fuel consumption. But do not rev the engine by selecting a higher gear too early—that wastes fuel and increases engine strain.
- 2. **Avoid heavy breaking and sharp acceleration.** Try to read the roads, anticipating obstacles so that you can avoid these and accidents!
- 3. **Cut the air con.** Use your car's air conditioning system sparingly it's not often needed in the spring and autumn, and it can knock between one and five mpg off your fuel consumption, usefully reducing CO2 emissions as well. Do run the system occasionally, though, as prolonged non-usage can eventually damage the compressor. Check that the heated rear window switch is not on unnecessarily, as this is quite a consumer power.
- 4. Get going quickly. Drive away as soon as possible once you have started the engine from cold—it warms up more quickly, reducing consumption, emissions and engine wear. But don't rev the car excessively when cold either; that's bad fo engine wear (because the cold oil won't be circulating fully) as well as consumption and emissions.
- 5. **Don't ruin the aerodynamics.** Always remove roof-racks, bicycle racks and ski boxes when they're not in use; they increase aero -dynamic drag considerably, especially at speed, lifting CO2 emissions and knocking fuel consumption. Driving with the car's windows and sunroof open also increases drag.

- Avoid short journeys. Avoid trips of only a few miles—fuel consumption and emissions output heighten considerably during the warm-up period.
- 7. **Cruise moderately.** Consider your cruising speed on motorways travelling at 65mph rather than 70mph can reduce consumption and emissions by as much as 25%.
- 8. **Don't get lost.** Plan your journey. Going the long way round, getting lost and running into roadworks can increase your journey's emissions considerably. Use your sat nav. If you don't have one, what about hinting to your nearest and dearest about a nice present?
- 9. **Check your tyres.** Check your tyre pressures regularly. Running them under-inflated also increases fuel consumption, apart from being dangerous. Under-inflated tyres can overheat at speed, risking a blowout.
- 10. **Don't be an idler.** If you're stuck in a traffic jam or just talking to someone before moving off. Switch the engine off—apart from reducing CO2 output, and saving fuel, you'll be cutting the output of other pollutants.
- 11. **Remove unnecessary weight.** It's amazing how many people use their car as a mobile office/store/junk room, and end up carrying kilos of additional weight. Carrying 10 kilos around will have a real effect on your fuel consumption, especially in stop/start traffic, because you're repeatedly accelerating and decelerating a dead weight. Remove it all, and save.
- 12. **Don't coast in neutral.** Coasting in neutral could save you money with old cars fitted with carburettors, but modern fuel injection

systems cut the fuel supply off altogether as you slow to a stop, saving a surprising amount, especially in stop/start driving.



WATCHMEN GET A QUICK REVELATION AT THALES

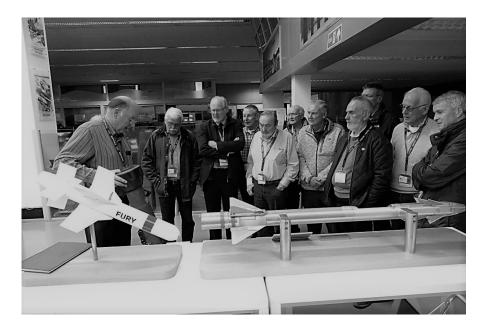
The men in the Watchmen group had an extremely interesting visit to the Thales engineering facility in Belfast on an evening last month.

Parishioner Billy Robinson has worked in the company for over thirty years and he was guide for the tour.

It began with an overview of the company and everyone was surprised at the sheer size of the Thales group across the world and how many areas of expertise it's involved with, everything from telecommunications and trains to space satellites and defence systems.

The Belfast works specialises in missiles and on walking around the many and varied machines used to make individual components it was clear that the expertise in the factory is world class. The company also look after the development of missile launch vehicles.

A thoroughly enjoyable tour, led by an expert and very knowledgeable guide, was completed with refreshments in the board room.





These photos, taken by David Holmes, have all been passed by the very strict security measures at Thales.



NIRACULOUS EVENTS

Answers on another page.

- 1 Who was struck blind on the road to Damascus as he sought to persecute Christians?
- 2 How many of Jesus' recorded miracles took place on the Sabbath?
- 3 Who saw a bush on fire that did not burn?
- 4 How long had Lazarus been dead when Jesus raised him to life?
- 5 When did the sun and moon stand still?
- 6 Elijah went up to heaven in a chariot of fire. True or false?



- 7 Who wrote that the apostles did many wondrous and miraculous signs?
- 8 When Philip the deacon cast out evil spirits, what noise was heard?
- 9 Who did an angel of the Lord tell to go to the desert road that links Gaza and Jerusalem?
- 10 What happened when Elijah struck the waters of the River Jordan with his cloak?
- 11 Which famous general was healed of his leprosy by dipping himself in a river?

- 12 How many times did this general dip himself in the river?
- 13 Which of Jesus' apostles walked on water?
- 14 Who became silent when Barnabas and Paul recounted the miracles they had performed among the gentiles?
- 15 What was the first of the plagues with which God punished Pharaoh?
- 16 Which Old Testament prophet likened the glory of God to a rainbow on a rainy day?
- 17 Who rised the son of the widow of Zaraphath from the dead?
- 18 Who was healed after she touched the edge of Jesus' cloak?
- 19 Why did Jesus do so few miracles among the people of his home town?
- 20 After being cursed by Elisha, how many youths were killed by two bears?

A MESSAGE FOR CHOIR MEMBERS

You are the chosen of the Lord To sing his highest praise; And through the medium of song To show his wondrous ways.

Yours is the privilege of grace; Your words his truth express; Through sacred music you promote The cause of righteousness.

So lift your voice with one accord And let your anthems ring; The people will be richly blessed, And God will hear you sing.



At St Bride's we very much appreciate the work of the Choir. Leading the worship of God in the way they do is not an easy job.

There are so many things which they need to get right every Sunday, and their dignity and leadership are second to none. Well done, Choir!

Cub Camp

LOOKING BACK TO CRAWFORDSBURN 2019

An article by Oliver Doyle

We arrived at Crawfordsburn about 7PM. Six tents had been put up. I was sharing with Harry, Luke and Aiden.

In camp we had a camp fire were we chatted and ate our meals. We also toasted marshmallows and ate "smores". We went for a walk to the beach on the first night. We skimmed stones and searched for shells. It was good fun.

On Saturday we all went to the beach to build a raft. Sid from Crawfordsburn showed us how to build it. We use logs, ropes and barrels. It was hard to sit on. Eight of us got on and paddled. It worked quite well and no-one fell in.



We went back to camp for lunch and had free time in the afternoon to play games and also the went to the assault course.

On Saturday night we sat round the camp fire were we made our own bread and our own butter. It was very tasty.

Sunday was our last day and we had an archery lesson. Everyone had a go and did well. It was hard to hit the bulls-eye.

We then packed up and waited for our lifts home.

Oliver Doyle

Cub Camp was so good, we received TWO articles, this second one by Luke Gardiner.

We went to Crawfordsburn Scout Centre for Cub camp this year. When we arrived the tents were already up! We put our stuff in our tents and set up our sleeping bags. After everyone had arrived and it got dark we all went on a walk to the beach and skimmed stones. Robert showed us some berries.

So first thing on Saturday we went



to another beach and built rafts and put them on the water. Everyone enjoyed it. When we got back we played football at camp and learnt how to make butter by shaking jam jars filled with milk!

After hot dogs and burgers for tea we settled down to watch the Liverpool match on an iPad. Liverpool won 2-0 against Spurs! We all slept well on Saturday night even with it being so wet and windy. On Sunday morning we did archery just before our parents came to take us home for a bath!

Luke Gardiner

THE PARISH REGISTER OF GENERAL VESTRYPERSONS

What is a General Vestryperson?

A parishioner (someone who lives within the parish boundary) or accustomed member (someone who doesn't live within the boundary but attends church) and whose name is on the parish list of General Vestrypersons.

How do you become one?

You fill in a form which the Church Wardens will provide.

Can anybody become one?

No! You must be at least 18 and have subscribed (by recordable means, e.g. Freewill Offering Envelopes) to parish funds in the past year.

Why might I want to become one?

When you register as a General Vestryperson you are entitled to have a say in the business affairs of the parish. The annual business meeting is known as the Easter General Vestry meeting, at which elections to the Select Vestry and other appointments take place.

If I go to the meeting can I bring up whatever issues I like?

No. The General Vestry members elect the Select Vestry and receive the Financial Statement. In our parish they also hear the Rector's Address. Questions on these matters are welcome, but no other business is conducted. Most people find the meeting quite interesting.

I think I filled in a form to become a General Vestryperson about ten years ago. Do I still hold this title?

You might do! In fact, if you still subscribe to parish funds, you probably do! Get the Churchwardens to check if your name is there.

When can I register?

Only during the month of February. An announcement will be made in church, and a notice will be posted on the church door, to tell you when the Register is to be opened and closed.

If I register, how often am I required to attend meetings? There is usually only one meeting per year.

As far as I know I meet all the requirements—do you think I should register?

YES!!! YES!!! YES!!!



A big THANK YOU to those who distribute the Herald every two months under the leadership of Chief Distributor Barbara Rea.

We aim to get the Herald into all of our homes before the start of the month.

Thanks also to the shops which willingly take copies for customers to lift—that's a big help!

The Big Bible Quil

ANSWERS

- 1 Saul who was later called Paul.
- 2 Seven.
- 3 Moses.
- 4 Four days.
- 5 When Joshua defeated the Amorites.
- 6 False. Elijah went up in a whirlwind (2 Kings 2:11).
- 7 St Luke.
- 8 Shrieking.
- 9 Philip.
- 10 The waters parted.
- 11 Namaan.
- 12 Seven times.
- 13 Peter.
- 14 The Council at Jerusalem.
- 15 The water of the River Nile was turned to blood.
- 16 Ezekiel.
- 17 Elijah.
- 18 A woman who had been bleeding for twelve years.
- 19 Because of their lack of faith.
- 20 Twenty-four.



29

AN ENVIRONMENTAL POLICY RECENTLY ADOPTED BY THE SELECT VESTRY

The Rector, Select Vestry and Parishioners of the Parish of Kilbride recognise that concern for all components of the environment is a fundamental responsibility of all.

We are dedicated to carrying out all our functions and activities in a way which minimises negative impacts on the environment.

We are committed to ensuring that all activities undertaken on parish premises or on behalf of the parish will be in strict compliance with legislation.

It is an objective of the parish to co-operate with all statutory, voluntary and community bodies in our attempt to reduce our impacts on the environment.

In keeping with this policy we will:

- Monitor and improve energy use
- Monitor water use and reduce wastage
- Set targets for reduced waste generation
- Promote recycling within the parish
- Minimise the risk of water, land and air pollution
- Include environmental considerations in Select Vestry business decisions
- Update staff, parishioners and contractors on policy
- Generally apply sustainability objectives in all activities
- Attempt to continually improve our environmental performance

The Parish Environmental Policy will be made widely available to parishioners and others through the Herald, the parish website and other means as appropriate.

Ivan Topping, *Hon. Sec.* W.D. Humphries, *Rector*

Honorary Secretary

Rector

From the Rector's Desk

IS IT POSSIBLE TO MAKE A NEW START?

The Christian faith teaches that new start is endlessly а possible. It is provided by a personal encounter with the risen and living Jesus Christ. He offers us the opportunity and the resources to make a new start, despite all our circumstances or failings.

The Bible records manv encouraging examples of people who were able to start again after encountering Jesus. These include a woman caught in adultery who was facing execution an outraged by community, a hated tax collector named Zacchaeus who had been collaborating with the enemy, and Peter, the close friend of Jesus who publicly disowned him.

God's provision of a new start liberates people from the powerful hold that guilt, fear and memories of failure can have over a human. The life, death and resurrection of Jesus have made a way for humans to find God's forgiveness. A Christian is someone who has accepted God's forgiveness and now has the freedom to reject the old habits of bitterness, anger or revenge, like disposing of a 'shabby old coat'. Many Christians experience this as such a new beginning that they describe it as feeling like a different kind of life.

Forgiveness, however, is not the same as perfection. Although many Christians can look back to a specific time at which they made a decision to make a new start as a follower of the way of Jesus Christ, living up to a new way of beina is an onaoina struggle. There is a frequent need to revisit and remember the new Church services almost start. always include a point at which worshippers are encouraged to think about recent failures. confess them, and ask for the mercy of God in absolute certainty that He will forgive.

The Bible describes God's promises of mercy as 'new every morning'. It is in the gracious nature of God that mistakes and failures are not a stick to be beaten with, but an opportunity to change into something better.



The flowers in church are always attractive! They are arranged by a team of two ladies, Irene Paget and Iris Maughan, who use their skill and devotion each week to make God's house beautiful.

We thank them for their work, as we thank those parishioners who contribute to the purchase of the flowers.

Anyone who would like to add their name to the flower list should speak to Irene or Iris, or to either of the Churchwardens.